# IT, Cybersecurity, Compliance Trends & Best Practices

Webinar Q4 2021





## **Industry Trends: Spending**

**\***Ceptional

- Gartner October 2021

Worldwide IT spending is projected to total \$4.5 trillion in 2022, an increase of 5.5% from 2021, according to the latest forecast by Gartner, Inc.

Segment	2020 Spending	2020 Growth	2021 Spending	2021 Growth	2022 Spending	2022 Growth
Data Center Systems	178,836	2.5	196,142	9.7	207,440	5.8
Enterprise Software	529,028	9.1	600,895	13.6	669,819	11.5
Devices	696,990	-1.5	801,970	15.1	820,756	2.3
IT Services	1,071,281	1.7	1,191,347	11.2	1,293,857	8.6
Communications Services	1,396,334	-1.5	1,451,284	3.9	1,482,324	2.1
Overall IT	3,872,470	0.9	4,241,638	9.5	4,474,197	5.5

"Digital tech initiatives remain a top strategic business priority for companies as they continue to reinvent the future of work, focusing spending on making their infrastructure bulletproof and accommodating increasingly complex hybrid work for employees going into 2022."

## Reinvent, Innovate, Mastering Change



- Accenture 2021

"It's become clear that there is no leadership without technology leadership. The recent rapid digital acceleration has placed technology as the cornerstone of global leadership."

83%

of executives agree that their organization's business and technology strategies are becoming inseparable, even indistinguishable.

"Companies looked at operations and saw fragile supply chains, untrustworthy information and radically new customer needs. As they've adjusted to these realities, the most successful ones have become Experts at Change."

92%

of executives report that their organization is **innovating** with an urgency and call to action this year.

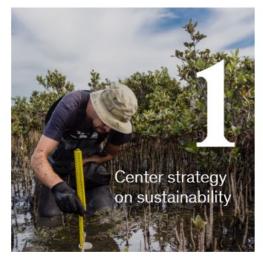
"Companies are no longer competing for market share; they are competing to build their vision of the future faster than the competition. Success will depend on their ability to accelerate and manifest change in all parts of their business."

91%

of executives agree capturing tomorrow's market will require their organization to define it.

## **Driving Greater Employee Engagement:**"5 Priorities for CEOs in the next normal"

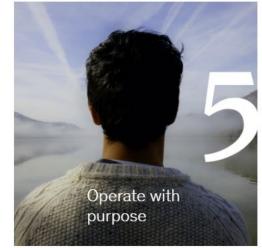
- McKinsey 2021













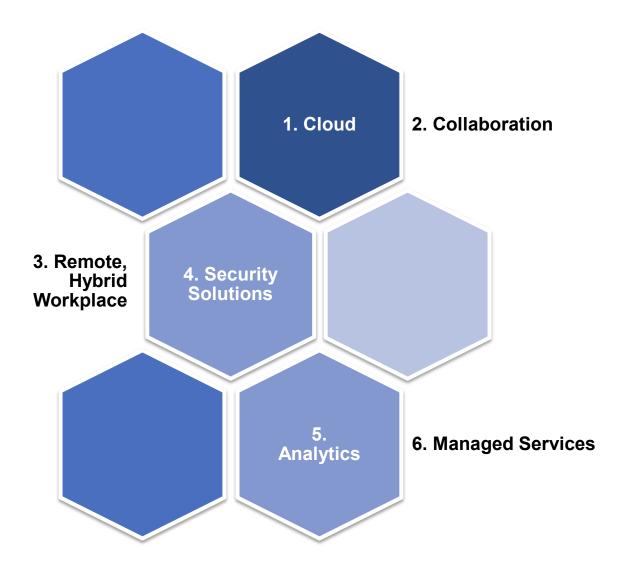
https://www.mckinsey.com/business-functions/strategy-and-corporate-finance/our-insights/what-matters-most-five-priorities-for-ceos-in-the-next-normal Xceptional.com

### **2021 Top Business Issues, IT Priorities**

- TechAisle Research 2021







## **Cybersecurity Trends: Growing Tsunami of Attacks**

- Microsoft, National Security Institute, Security Magazine 2021

### **Global threat activity**

Countries or regions with the most malware encounters in the last 30 days

"Experts estimate that a ransomware attack will occur every 11 seconds in 2021. The number of ransomware attacks nearly doubled in the first half of 2021."

"Every 39 seconds, there is a new attack somewhere on the Web. That is about 2,244 attacks occurring on the internet daily in 2021."

"The number of data breaches through September 2021 has exceeded the total number of events in full-year 2020 by 17%."

Work

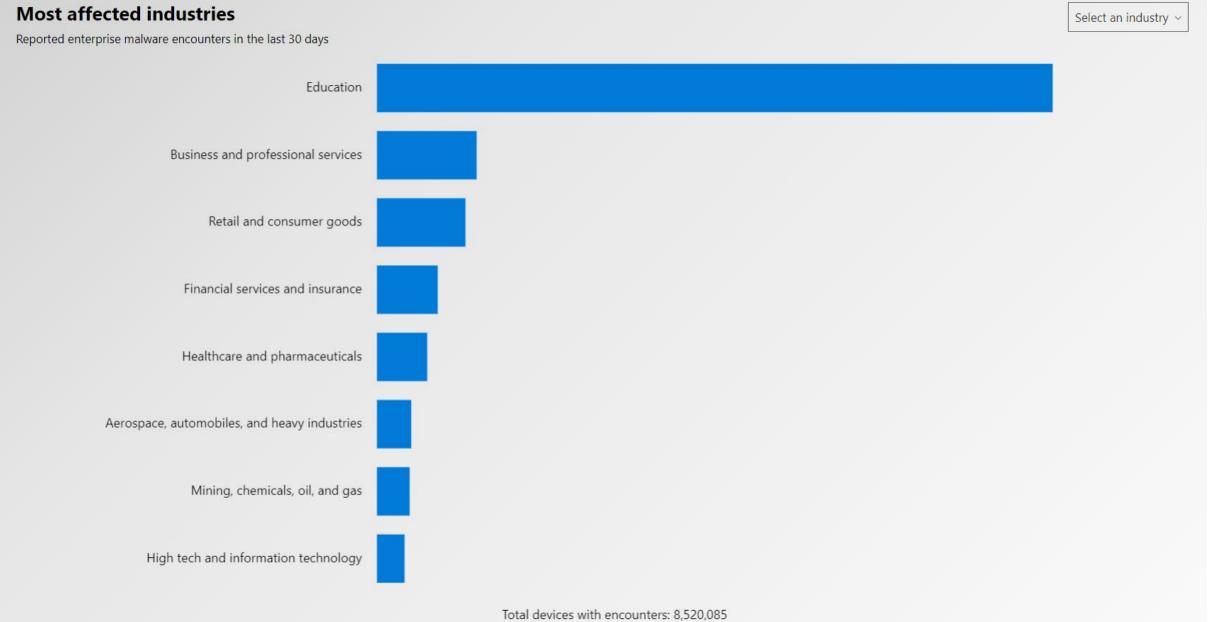
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"There were 1,767 reported breaches in the first six months of 2021, exposing a total of 18.8 billion records. Some industries have experienced 200% - 3000% growth in cyber incidents over the last 36 months."

Select region

### **Top 10 Industries Under Attack & Breached 2021**

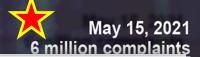






## Internet Crime Complaint Center (IC3)

**6 Million Crime Complaints** 





### Russia Denies Involvement in Darkside Attack on **Colonial Pipeline**

U.S. officials believe Russian cybercriminals were behind a ransomware attack that shut down a major artery of America's fuel supply, portending similar attacks on U.S. infrastructure

By Paul D. Shinkman | May 11, 2021, at 10:54 a.m.



### **Scripps Health Ransomware Attack Cost Increases to Almost \$113 Million**

POSTED BY HIPAA JOURNAL ON AUG 18, 2021

Ransomware attacks on hospitals can cause huge financial losses, as the Ryuk ransomware attack on Universal Health Services showed UHS is one of the largest healthcare providers in the United States, and operates 26 acute care hospitals, 330 behavioral health facilities. and 41 outpatient facilities. UHS said in March 2021 that the September 2020 ransomware attack resulted in \$67 million in pre-tax losses due the cost of remediation, loss of acute care services, and other

"Ransomware attacks will cost the global economy an estimated \$20 billion in 2021."

- Cybersecurity Ventures 2021

osses suffered by UHS ps Health has proven ifornia-based nt facilities in the s Health lost access ff couldn't access the

2005

## **Compliance Trends: Growing Costs, Laws, Regulations**

- iapp, Thomson Reuters 2021

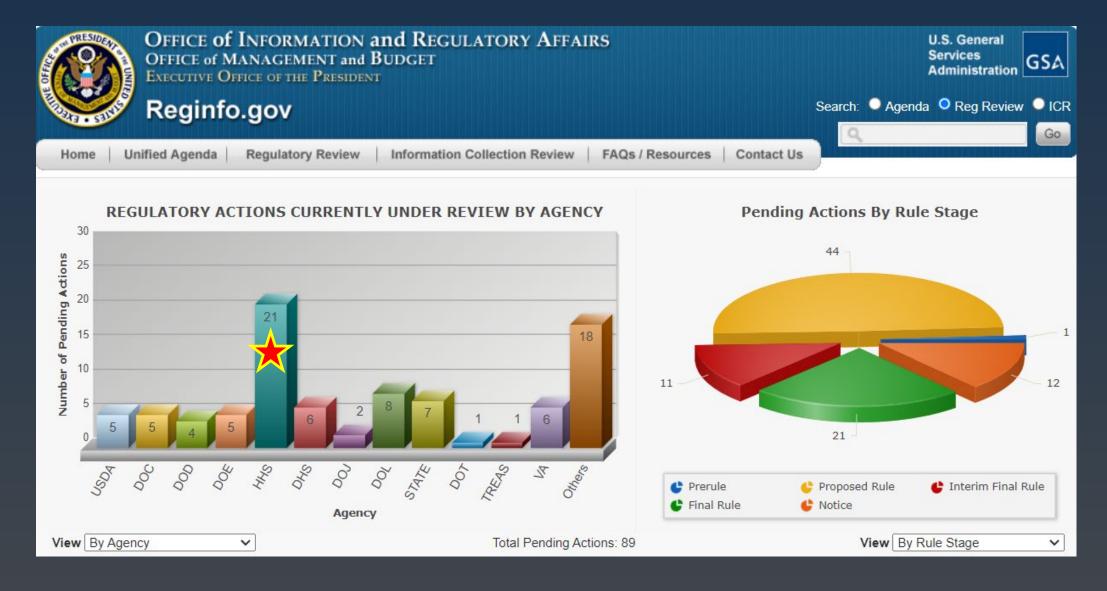


Last updated: 9/16/2021

Over the last 24 months 34+ States had data privacy statutes or bills under review. With growing enforcement actions around HIPAA and GDPR we expect more States to pass similar data privacy laws as within California, Colorado and Virginia.



### **Regulatory Actions Under Review**



### Regulations & Compliance Frameworks: Growing Complexity



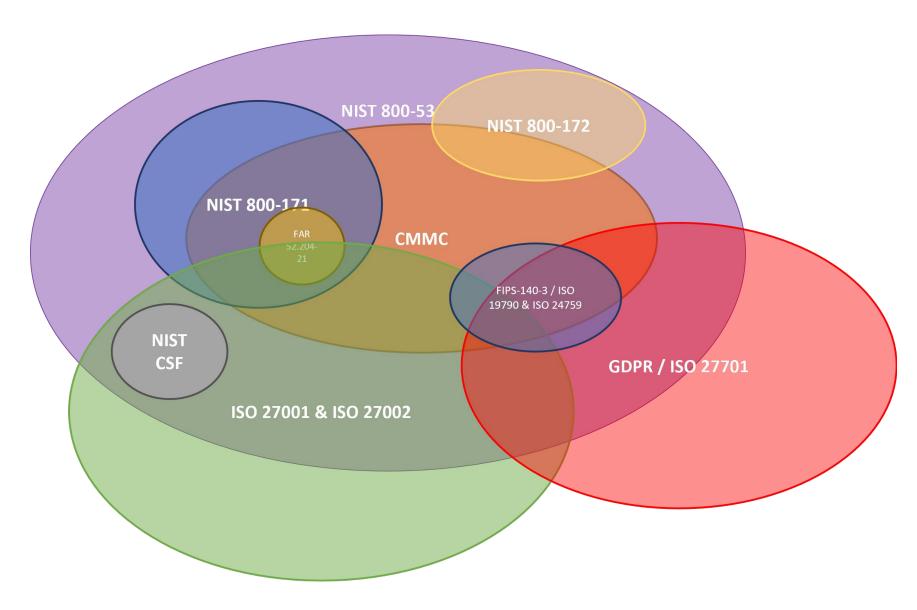
- NIST 800-53: (256 Controls / 18 Families)
- NIST CSF: (5 Sections / 22 Categories (Functions) / 98 Subcategories (Outcomes)
- CIS 20/CIS RAM: (1-6 Basic / 7-16 Foundational / 17-20 Organizational)
- COBIT
- ISO/IEC 27001
- NCUA/ASET/AIRES
- FFIEC
- FINRA
- NERC-CIP
- PCI DSS: (6 Sections / 12 Requirements)
- HIPAA: (3 Security Safeguard Sections / 18 Categories)
- GDPR
- CCPA
- NY DFS
- CMMC
- HITRUST
- SSAE-18 (16)
- SOX
- OWASP





### NIST, CMMC, GDPR Comparison





- Compliance is complex and can be costly.
- Very few companies have the time, resources to manage the process.
- Xceptional and Cisco to help reduce compliance complexity and improve readiness.
- Cisco's Best in Class Technologies
   Supported by an Award-Winning & Innovative MSP & IT Integration Company.

## **Cisco Solutions Supporting 5 Sections of NIST CSF**

Identify

Protect

Detect

Respond

Recover

Identity Services
Engine

Secure Endpoint

Secure Endpoint

Threat Response

Third party

Secure Network
Analytics

Identity Services
Engine - RTC

Secure Network
Analytics

Identity Services
Engine - RTC

Secure Access by DUO

Secure Firewall

Secure Firewall-Snort

Secure Malware
Analytics

Secure Workload

Secure E-Mail

Umbrella

Talos

Cloudlock

Secure Mobility
Client

Umbrella-Investigate

Secure Access by DUO

Secure Workload

## Cisco Zero Trust Technology Portfolio Enabling Basic to Advanced Cyber Hygiene (Supports industry regulations)



Enabling Basic to Advanced Cyber Hygiene (Supports industry regulations)		Basic	Intermediate	Good	Proactive	Advanced
Product	Capability	1	2	3	4	5
ESA/WSA	Advanced threat protection capabilities to detect, block and remediate threats					
Umbrella	Advanced defense and intelligence against threats					
Duo	Establish user trust w/multi-factor auth, SSO for SaaS and device visibility					
Cyber Vision	Threat detection/intelligence for cyber threats in the industrial networks					
AnyConnect	Remote access to network with visibility and posture compliance via agent					
SDA/ISE/TrustSec	Wired, wireless, VPN access policy with network segmentation					
Tetration	Threat detection/intelligence for threats in the private/hybrid clouds					
AMP/Threat Grid	Threat detection/intelligence with host visibility and remediation					
Stealthwatch	Threat detection with internal network and cloud visibility via flow sensors					
Threat Response	Threat visibility and rapid containment with intel-driven incident response					
Firepower	Network access, segmentation and threat detection with in-line insertions					

## How Others Are Advancing Cyber Hygiene & Cyber Posture to Reduce Risk

### **HOW TO BEGIN**

### **Program Based on Principles**

(\*SOC-SIEM, Logging/Monitoring, Policies, Procedures, Resources)

### People

(Security Education, Training, Awareness, Internet Usage, Phishing Simulations)

#### **Patching, Scanning**

(Vulnerability Management Program - Planned, Automated)

#### **Passwords**

(Unique Phrases w Special Characters, Vault)

- ✓ \*Security Operations, SIEM, Scanning & Monitoring
- ✓ Backups (Full-Off Network)
- Limit and Lock Down Administrative and System Access Control/Write
- Encryption (At Rest, In Transit)
- ✓ Limit, Block Network Access (RDP, etc), email file extension delivery

- ✓ End Point Detection & Response: Modern Anti-Malware, Ransomware, Encryption on End Points
- Updated BCDR Plans, Solutions (Ransomware, Social Engineering)
- ✓ IoT, IT Inventory, Assessment & Pen Testing
- Business Process Assessments

- The 4 Ps: Program, People, Patching, Passwords,
- Pick a Framework (NIST CSF, 800-53, 800-171, CIS 20, etc)
- Identify the Crown Jewels (what you want to protect)
- Focus on Data Privacy
- Educate Employees
- Understand Your Maturity, Risks,
   Vulnerabilities
- Discover Your Assets, Who Has Access to Your Systems
- Patch, Update Systems,
   Applications, Websites
- Harden & Monitor Systems,
   Applications, Websites

## Why Reinvent, Innovate, Change

**\***ceptional

- Accenture 2021

"PRODUCTIVITY:
Disengaged
workers make
60% more errors
than engaged
workers."

"RETENTION:
Engaged workers
are 87% less likely
to leave the
organization."

"REVENUE:
Companies with
engaged
customers during
the pandemic
drove sales."

91%

of buyers miss shopping instore. Customer-centricity needs to be a top priority.

25%-30%

of the workforce will be working-from-home multiple days a week by the end of 2021.

92%

of executives report that their organization is **innovating** with an urgency and call to action this year.



### **Internal Obstacles to Overcome**

RESOURCES:
Limited or lack
of expert
resources to
develop and
implement these
plans.

TECH DEBT:
Older
technology that
is outdated and
potentially
fragile or
unstable.

### **FUNDING:**

Lack of visibility into, or lack of access to capital required for this type of change.

### PRIORITIES:

Too many competing priorities and not enough understanding of the value.

### RISK / REWARD:

Lack of insight into the risks associated with not doing this vs the business value.

### **ROADMAP:**

Understanding where, how to begin AND when the effort will be completed.

## **How We Can Help = The Portfolio**



IT Network & System Architecture, Design, Implementation, Run, Operate, Maintain



- Remote and Onsite Managed Services Support
- 24 x 7 Monitoring and Management of Desktop, Network, Phones, and Applications
- Multiple Support Levels to Fit Your Business, Budget
- Virtual CIO: Quarterly Technology Reviews and Reporting. Includes Strategic IT Planning, Updates to Plans, Standards, Maintenance, and Support Levels



- Design, Deployment, and Management of Telepresence and Video Solutions
- Voice, Video, and Webbased Conferencing
- Real Time Communications on all Devices
- Cloud, Onsite, and Hybrid Communications Solutions



- Strategic enterprise-class
   Data Center and Hosting
   Services. IT Software,
   Services, Applications,
   Email, and Network
   Solutions (Hosting, IaaS)
- Storage Solutions
- Backup & Recovery Solutions (BaaS)
- Compliance as a Service Solutions (CaaS)
- Virtualization



- Networking Solutions
   Driving Technology and
   Business Operations
- Routers/Switches
- Wireless Mobility Solutions
- Security Solutions and Security as a Service
- WAN Optimization

## Wrap Up



Most executives we speak to are seeking ways to improve employee engagement and productivity, while looking for more creative, scalable, and innovative ways of reaching and supporting customers.

The amount of time, energy, effort, and resources required to align IT systems and business applications with the current demands of the market, business, and customers is significant.

You are not alone. Xceptional's portfolio of superior and proactive managed services and technology solutions can help!

As a leading, award winning provider of Managed IT Services, Networking, and **Security Solutions, Xceptional** is committed to helping customers transform their IT systems and successfully navigate technology change to thrive in the new reality!

